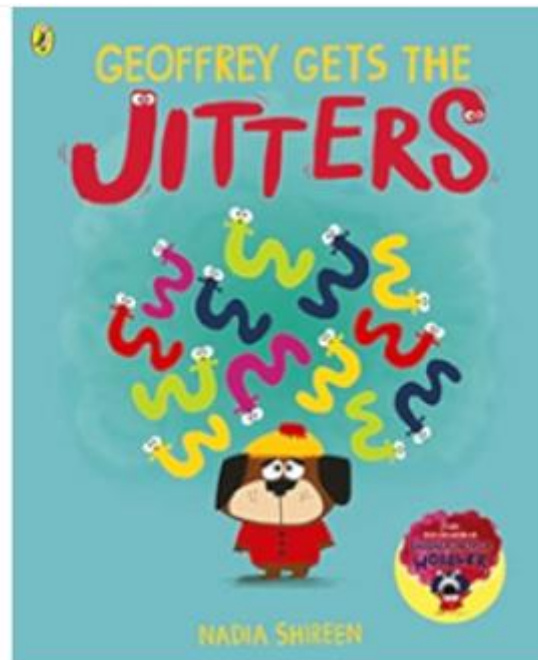


Geoffrey Gets The Jitters

By Nadia Shireen



I am a huge fan of Nadia Shireen so as soon as I found out there was a new book by her I was really excited.

This story is about a character called Geoffrey who spends his life worrying about lots of things and he reminded me of myself as I can be a huge worrier too. I really felt that this book would be a help to anyone who is a bit like me because it deals with feelings in such a brilliant and humorous way. There's even a guide to different types of worries at the end of the book.

It is a great story which will make you laugh and you will just love the illustrations and the characters.

I would recommend this book to anyone and I especially think it would be a great book to share with your grown-ups as it might just help them too!