

Curriculum Overview – PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation Stage	Gymnastics Unit 1	Dance Unit 1	Gymnastics Unit 2	Dance Unit 2	Manipulation and coordination unit 2	Speed Agility Travel Unit 2
	Manipulation and coordination unit 1	Cooperate and Solve Problems Unit 1	Speed Agility Travel Unit 1	Body management Unit 1	Cooperate and Solve Problems Unit 2	Body management Unit 2
Year 1	Gymnastics Unit 1	Dance Unit 1	Gymnastics Unit 2	Dance Unit 2	Hit Run Catch Unit 2	Send and Return Unit 2
	Run Throw Jump Unit 1	Attack Defend Shoot Unit 1	Hit Run Catch Unit 1	Send and Return Unit 1	Attack Defend Shoot Unit 2	Run Throw Jump - Unit 2
Year 2	Gymnastics Unit 1	Dance Unit 1	Gymnastics Unit 2	Dance Unit 2	Hit Catch Run Unit 2	Send & Return Unit 2
	Run Jump Throw Unit 1	Attack Defend Shoot Unit 1	Hit Catch Run Unit 1	Send & Return Unit 1	Run Jump Throw Unit 2	Swimming
Year 3	Gymnastics Unit 1	Dance Unit 1	Gymnastics Unit 2	Dance Unit 2	Handball	Athletics
	Basketball	Football	Hockey	Tennis	Rounders	Swimming
Year 4	Gymnastics Unit 1	Dance Unit 1	Gymnastics Unit 2	Dance Unit 2	Tennis	Athletics
	Football	Basketball	Hockey	Handball	Rounders	Swimming
Year 5	Gymnastics Unit 1	Dance Unit 1	Gymnastics Unit 2	Dance Unit 2	Rounders	Athletics
	Basketball	Hockey	Tag Rugby	Netball	Cricket	Swimming
Year 6	Gymnastics Unit 1	Dance Unit 1	Gymnastics Unit 2	Dance Unit 2	Rounders	Athletics
	Tag Rugby	Netball	Hockey	Basketball	Cricket	Swimming

