## Loudwater Combined School - PSHE - Curriculum Map 2023 - 2024

Foundation stage		
Autumn - Marvellous Me! - Respect, caring friendships, building	Spring - Traditional tales/Bears - Telling the truth, right & wrong,	Summer - Mini-beasts/Journeys - Caring for plants & animals, achievements,
learning power, rules	empathy	change/moving on, emotions
Year 1	emparny	Change, moving on, emotions
Autumn 1	Spring 1	Summer 1
Relationships	Health and wellbeing	Health and wellbeing
What is the same and different about us?	What helps us stay healthy?	Who helps to keep us safe?
Autumn 2	Spring 2	Summer 2
Relationships	Living in the wider world	Living in the wider world
Who is special to us?	What can we do with money?	How can we look after each other and the world?
Year 2	·	
Autumn 1	Spring 1	Summer 1
Relationships	Living in the wider world	Health and wellbeing
What makes a good friend?	What jobs do people do?	What can help us grow and stay healthy?
Autumn 2	Spring 2	Summer 2
	Spring 2 Health and wellbeing	
Relationships What is hully in 2		Health and wellbeing
What is bullying?	What helps us stay safe?	How do we recognise our feelings?
Year 3		
Autumn 1	Spring 1	Summer 1
Relationships	Relationships	Health and wellbeing
How can we be a good friend?	What are families like?	Why should we eat well and look after our teeth?
Autumn 2	Spring 2	Summer 2
Health and wellbeing	Living in the wider world	Health and wellbeing
What keeps us safe?	What makes a community?	Why should we keep active and sleep well?
Year 4		
Autumn 1	Spring 1	Summer 1
Health and wellbeing	Health and wellbeing	Living in the wider world
What strengths, skills and interests do we have?	How can we manage our feelings?	How can our choices make a difference to others and the environment?
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Autumn 2	Spring 2	Summer 2
Relationships	Health and wellbeing	Health and wellbeing
How do we treat each other with respect?	How can we help in an accident or emergency?	How can we manage risk in different places?
Year 5		
Autumn 1	Spring 1	Summer 1
Health and wellbeing	Relationships	Heathy and wellbeing
What makes up our identity?	How can friends communicate safely?	How can drugs common to everyday life affect health?
Autumn 2	Spring 2	Summer 2
Living in the wider world	Health and wellbeing	Living in the wider world
What decisions can people make with money?	How will we grow and change?	What jobs would we like?
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Year 6		
Autumn 1 & 2	Spring 1 & 2	Summer 1 & 2
Health and wellbeing	Living in the wider world	Relationships
How can we keep healthy as we grow?	How can the media influence people?	What will change as we become more independent?
		How do friendships change as we grow?