

This book has a strange title – I don't think these are necessarily bedtime stories, nor do I think you need to be a rebel or a girl to read this book. However, it is fair to say that all of the biographies in the book are about girls or women and many of them could be considered rebels.

This is a book you can dip into – there are 100 biographical pieces so each is quite short.

I am sure that you will have heard of some of the women in this book: Frida Kahlo the painter, Harriet Tubman who freed slaves, our late Queen Elizabeth, Mary Anning the palaeontologist. But I certainly learned about the amazing lives of many women I had not previously heard of but who had done amazing things in their lives. Lella Lombardi was a Formula One racer who became the first women to score points in a Formula One race where all the other drivers were men. This happened in 1975 and is a record that has not yet been beaten by another women.

Ruth Harkness was an explorer who taught others that wild animals deserved love and respect.

One of my favourite pages was one devoted to the scientist Marie Curie. She along with her husband conducted important research into radioactive elements. She could have made lots of money from her research but instead she decided to make it available to anyone who wanted to read it for free. A quote from Marie Curie: 'Nothing in life is to be feared. It is only to be understood.'

Every time you dip into this book you will find out something new about someone who was courageous and brave and determined that her voice be heard.

Mrs Cunnington