

# Gaming



## Conversation starters

- What games do you know about and/or enjoy playing online? Why do you like them or think they are popular?
- How would explain your favourite game to another young person? How would you help them play it safely?
- Do you talk to anyone when you're playing games online? Who do you talk to? What would you do if anything in a conversation made you feel worried or uncomfortable?

## Pick one action to do as a family

- Visit our [CEOP Education website](#) and look for tips on how to be safer when playing games online.
- Visit the [Ask About Games Family Settings](#) webpage to find out how to set up and use family controls to limit who can contact your young people in a game and how long they can spend playing it.
- Visit [NSPCC's Online Games](#) webpage to find out more about the risks of online gaming and how to make it safer.

## Fun family activity

Visit the [Family Game Database](#) to pick a new game to play together. Use the information on the website to find out how it works and whether it is a good fit for your family.

### Play the game!

Use this as an opportunity to talk about the positive aspects of gaming online, as well as how you can stay safer while playing the game you have chosen together.

For further information about this topic and more on how to keep your child safer online, visit [www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents)