

Watching videos online



Education from
the National
Crime Agency

Conversation starters

- What videos have you watched online recently? Do you have a favourite? Why is it your favourite?
- Apparently most children and young people prefer to watch video content online now, rather than on TV – is this true for you and your friends?
- Do you have a favourite TikTok account or online creator to follow? What do you like about their videos?

Pick one action to do as a family

- Visit our [CEOP Education website](#) and look for tips on how to be safe when watching videos.
- Watch the *BBC Own It* video [Has something online scared you?](#) Talk through the steps to take if they come across content that worries or upsets them.
- Visit [Internet Matters Parental Controls](#). Pick a device and set up the safety controls together.

Fun family activity

Ask each family member to write their favourite video (which would be suitable for everyone to watch) on a piece of paper. Fold the paper up and put it in a bowl. Each day, choose a time to pick one, and watch together.

Or

Ask each family member for a favourite subject or something they want to learn more about. Together, search YouTube for a suitable video about the topic, you can watch as a family. Remember to [set up YouTube in restricted mode](#) if you have children under 13.

For further information about this topic and more on how to keep your child safer online, visit www.thinkuknow.co.uk/parents